

THE GRACEFUL GLIMPSES

MONTHLY NEWSLETTER,

ISSUE-5- May- 2026.



"Quality Home, Strengthening Community Participation in Child Protection"



"The respect one shows to others is the direct reflection of one's own Character, values and self- respect. It says more about who you are than it does about the behaviour of the people around. Therefore, do not extend respect or courtesy because the other people deserve or do not disrespect others because they do not deserve it. Whether they deserve or not is not the matter, but it only reflects what kind of person are you. It comes from one's own emotional maturity."

Respect is more than just a word; it is the invisible thread weaving together healthy relationships, self-worth and mental well-being. Understanding and practicing respect is a fundamental act of self-care and community building. Respect isn't defined by one's job title, income, education, reputation and authority. It is defined by one's character, conduct, morals and how one treats others."

Namashkar, Welcome to Summer Camp Edition



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From Editor's Desk	Monthly Highlights	Chirag Girls' Home	SPARC Community programme	Success stories	Children's Voices	Trainings and seminars	Upcoming Events
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From Editor’s Desk:

Welcome back to the “Glorious Glimpses” fifth issue, May 2026. This issue brings to you Jeevodaya’s activities in the month of May 2026 and highlights some of the key events of the month. This issue is specially dedicated to the Summer camp for children at Chirag Girl’s home as well as Summer camp for the community children. Chirag



inaugurated its summer camp on 8th May 2026 with the theme “Pratibha Ke Laheren” which means “Waves of Talents”. Accordingly the children enhanced their talents, exhibited and enjoyed during the Summer Camp.

Similarly the community children also participated in a 15 days’ summer camp which was inaugurated on the 20th May 2026. Around 45 to 50 children participated in the Summer camp. Various activities, competitions, games, art and drawing, singing and dancing, and learning sessions made the summer camp interesting.

This issue of May highlights some of the major events organized by Jeevodaya during the summer camp and their outcome in children’s life.

Hope you will enjoy reading the newsletter. Any feedback and suggestions are welcome.

Yours Sincerely,
Peter Lasrado, Asst. Director
For editorial Tea

Monthly Highlights: May 2026

CHIRAG GIRLS' HOME	•Total children: 20 •Children under permanent order: 12 •Children under temporary Order: 8 •Children reunited with family: 0
Community Programme	•Total children: 420 •Children's Parliaments:20/ members 400 •Kinship Children: 20 •SHGs: 17/ Members: 170 •Child Protection Committees:15. Members:180 •Youth Volunteers: 40 •Community Animators: 4
Community Participation:	

(CCI) CHIRAG GIRLS' HOME

Monthly Theme - Threads of Togetherness

Under the theme "Threads of Togetherness," CCI children learned that unity is built through everyday actions. They practiced togetherness by sharing responsibilities, helping one another in studies and daily routines, participating in group activities, and celebrating each other's achievements. Through teamwork, kindness, and mutual respect, the children experienced the strength of belonging to the CCI.



These practical experiences helped them understand that every individual is important and that when people support one another, they can overcome challenges and grow together. The theme inspired the children to build stronger friendships, promote inclusion, and create a positive environment where everyone feels valued, respected, and empowered.

CHIRAG Summer Camp Inauguration

The Chirag summer camp was officially inaugurated on the 8th May 2026 at Chirag Girls' Home. The children welcomed the staff and guests for the inauguration. Sr. Clara, Director, Jeevodaya, Ms. Vandan Ojha, Ward Parshd from ward No. 25 and all the staff joined in unveiling the summer camp Poster.



All the children were excited to launch the camp. They came with their written commitment and what they have come with for the camp. The

opening ceremony was so delightful, it set a very enthusiastic tone for the camp.

Each child came with a message written on a placard and they expressed their commitment to make the summer camp a success and a learning experience for them.



The children presented cultural programme and entertainment as part of the inauguration. Two groups were made and group leaders and the overall camp incharge were elected through EVM voting system. All participants voted and two leaders and the overall incharge for the camp were elected.



Enjoying Sports and Wellness Activities

Every day morning children practiced meditation and yoga regularly, which helped them improve their concentration, mental well-being, and physical fitness. Various informative sessions on health and overall well-being helped them understand the importance of maintaining a healthy lifestyle.

The camp was well organized with activities as well as leisure time for children. Overwhelming participation of children in all the activities, fun games, drawing, painting dance, cooking and various other activities made the camp an unique experience for children.

The children also exhibited their talents and creativity throughout the camp. Experts in various fields like Mandala Art, Madhbari Art, Kathak Dance, Music, Sessions on personality and Character mapping, Motivation building, etc. were invited to share their expertise and enrich the talents of children. The camp also included outings and amusements, movie in the theater and one day in St. Joseph Convent School.

Children displayed all their creative art work in one place for every visitor to view and appreciate.



Online Summer Sessions

During the summer vacation, the children residing in the Child Care Institution (CCI) of Jeevodaya Society participated in a series of online sessions conducted every Saturday from 4:00 p.m. to 5:30 p.m. These sessions, organized by the Women and Child Development (WCD) Department, Bhopal, focused on education, health, child rights, and the holistic development of children.

The participants actively engaged in the sessions and gained valuable knowledge on various important topics. They learned about essential summer health practices, including adequate hydration, maintaining personal hygiene, and contributing to environmental conservation. The children were also informed about the significance of obtaining and safeguarding important personal documents before attaining the age of 18 years.

Furthermore, the sessions strengthened their understanding of child rights, responsibilities, and personal growth. Through informative

discussions and interactive activities, the children developed greater awareness of their rights and duties while enhancing important life skills that support their overall development and well-being. The children sincerely appreciate the efforts of the WCD Department, Bhopal, for organizing these meaningful sessions and providing a valuable platform for learning, awareness, and personal development.

Health Check-up Camp

A health check-up camp was organized at the CCI as per the directions of the Women and Child Development Department and the Collector's office. Dr. Choudhary, Dr. Jyoti Katari, and the RBSK team visited the institution to conduct a comprehensive health assessment of the children. The medical team examined all children and monitored their overall health and well-being during the hot weather conditions. No major health concerns were identified. To promote good health and prevent nutritional deficiencies, the doctors provided iron tablets, multivitamin supplements, and health guidance to the children. The visit ensured that the children remained healthy, safe, and well cared for during the summer months, reflecting the commitment of the health and child welfare departments towards their overall development and well-being.



SPARC: Community Programme Highlights

The Community intervention programme of Jeevodaya also initiated the summer camp for the community children. The summer camp was inaugurated on the 20th May 2026.

The inauguration was honored by Ms. Deepti Shukla, DCPO and Mr. Rajkumar, Ward Parshad.



A Grand Celebration of Learning, Creativity, and Exploration at the Community Summer Camp!

We are thrilled to celebrate the grand success of our **Community Summer Camp**, held at SPARC, Jeevodaya. Starting with a beautiful inauguration on May 20th. This camp became a highly successful journey for 50 vibrant children. The initiative achieved remarkable success in its main goal: driving the holistic development of children by beautifully blending fun, essential life skills, and cultural awareness.

The true highlights of the **Community Summer Camp** were the incredible energy of the children and the expert guidance they received. The children participated with immense passion and competed wholeheartedly in every event. To give them the best learning experience, specialized Resource Persons were invited to teach various forms of arts, advanced crafts, and specialized skills. Through these exciting sessions, the children successfully learned new techniques and deeply connected with our traditional values, culture, and core ethics.

Our creative curriculum during the **Community Summer Camp** successfully nurtured the minds and talents of every child. For personal growth, they completed intensive life skills training focused on self-awareness, identifying personal qualities, motivation building, and teamwork. Guided by experts, they explored traditional art forms like Madhubani, Warli, and Mandala paintings, and learned eco-friendly habits like upcycling in 'Best from Waste' sessions. To boost their public speaking and confidence, the camp successfully organized well-prepared role-play competitions, art contests, rangoli competitions, and interactive group games.

Another major success of the camp was an educational outing and trekking trip to the historic Sharadio Temple. This beautifully planned trip gave children a wonderful, hands-on opportunity to explore local history and culture. It turned out to be an incredibly joyful experience that successfully built a strong sense of teamwork and deep bonding among them.



One of the sessions the children enjoyed was the motivation session where children reflected on their dreams and set goals to reach. Each child spelt out the dream and the group created My Dream Tree. This helped children to focus on their life goal and take effective steps to achieve the goal.

Young Ministers Empowered at SPARC Jeevodaya

A dynamic leadership training programme for the Children's Parliament was successfully organized at SPARC Jeevodaya, drawing 36 enthusiastic young leaders. Facilitated by Assistant Director Mr. Peter Lasrado, the session focused on the vital roles of portfolios like the Prime Minister, Education, and Environment Ministers.

The interactive workshop included team-building games, discussions on the official CP booklet, and a consensus to include group photos to foster identity. The highly successful event concluded with boosting children's confidence, followed by a Vote of Thanks by Ajay and the distribution of refreshments.

Jeevodaya Empowers Families: Kinship and Child Safety Training Organized

To foster a protective and nurturing environment for vulnerable children, a highly impactful half-day training programme on "*Child Safety and Holistic Child Development*" was successfully organized at Jeevodaya, Itarsi. The event brought together 36 kinship children, family members, and dedicated staff caregivers.

Expertly facilitated by Assistant Director Mr. Peter Lasrado and Programme Manager, Mr. Dilip Kumar, the interactive sessions sensitized participants on identifying unsafe environments, safe social media usage, and preventing emotional abuse. Caregivers gained valuable insights into physical, emotional, and moral aspects of child development, emphasizing a fearless home atmosphere.

The workshop stayed highly vibrant with lively energizer games that enhanced bonding between children and guardians. The successful initiative concluded with boosting overall awareness and confidence,

Youth Leaders Empowered: Training on Child Rights & Protection at Jeevodaya

To strengthen community-level safety nets, a dynamic training programme on “*Leadership Initiatives for Child Rights and Child Protection*” was successfully organized at Jeevodaya, Itarsi. The initiative drew energetic participation from 44 youth leaders and staff members eager to drive positive social change.

Expertly facilitated by Mr. Ankit Banke from Udyan Care, the workshop focused on building leadership capacities to safeguard vulnerable children. Participants deeply explored core child rights, including protection, education, and healthy development, while learning how to effectively identify and respond to child-related risks.



Through lively group sharing, practical examples, and open discussions, these young change-makers brainstormed impactful ways to build child-friendly communities. The successful session concluded with a powerful collective commitment from the motivated youth leaders to act as vigilant role models and promote proactive child protection within their neighborhoods.

Celebrating World Menstrual Hygiene Day: Empowering Women Through Health and Hygiene Training

We are happy to share that Jeevodaya Society organized a special Health and Menstrual Hygiene Management Training on May 30th at Ward Number 18, Bhat Mohalla. Held in meaningful celebration of **World**

Menstrual Hygiene Day, the program brought together 50 local women who participated with great energy. We were honored to have key guests with us, including Women and Child Development Officer (CDPO) Deepti Shukla, along with local Anganwadi Supervisors, Anganwadi Workers, and Asha Workers, who all joined hands to support this initiative.

The main goal of the workshop was to share important health facts and break the silence around menstrual health. Our expert trainers and guests explained bodily changes and everyday cleanliness tips in a very simple way. A special session was led by CDPO Ms. Deepti Shukla and the health workers, who guided the women on the vital role of good nutrition and eating a healthy diet during their cycles. Along with this useful training, Jeevodaya Society distributed sanitary pads to all 50 participants to encourage safe and hygienic habits.



The session created a very comfortable and friendly space where women easily asked questions and talked about their health problems without any hesitation. This small step has successfully boosted the confidence and health awareness of the women in Bhat Mohalla. We truly thank CDPO Ms. Deepti Shukla, the Anganwadi and Asha teams, and the wonderful women who joined us to make this health drive a beautiful success!

Community Children Computer Literacy Program – Monthly Update

This month, 10 students participating in the Community Children Computer Literacy Program successfully learned how to create bills using MS Excel. As part of their practical training, they were also taught how to calculate and apply GST (Goods and Services Tax) while preparing invoices.

In addition, 4 students successfully completed the Digital Literacy Certificate Course. Among them, Rishika achieved an excellent score of 80%, while Tanu secured 75%, demonstrating their dedication and learning progress.

The program continues to strengthen students' digital skills and prepare them for future educational and career opportunities.

A Grand Success of Women Empowerment:

The Inspiring Journey of Radhe-Radhe SHG!

In a remarkable milestone for women-led entrepreneurship, the Radhe-Radhe Self-Help Group in Kuchbandia Mohalla has successfully started operating a local beauty parlor. Under the visionary leadership of President Kiran Patel, Secretary Meena Patel, and Treasurer Rambati Mehra, this group of 10 dedicated women has become a shining example of financial independence and community growth.

Currently, 5 skilled members run the daily operations, delivering high-quality beauty services to a growing clientele, while the remaining 5 members undergo intensive, hands-on skill development training. By sharing their expertise, the experienced members are actively mentoring and upgrading the skills of the new members, ensuring they gain practical knowledge. This brilliant sustainable model is not only generating immediate income but is also paving the way for all members to become completely self-reliant and secure bright livelihood opportunities for the future.

Children's Voices

Heartfelt Gratitude for a Memorable Summer Camp Experience

I express my sincere gratitude and love to the entire Jeevodaya family for providing us with the opportunity to participate in the Summer Camp. The camp was full of fun, music, learning, and joyful experiences.

We took part in various activities such as self-awareness sessions, identifying our strengths, cooking competitions, art and craft, home etiquettes, legal education, child rights awareness, prevention of child marriage, stress management, self-assertiveness, motivation-building sessions, painting, mandala art, rough-copy binding, and learning musical instruments. These activities helped us develop confidence, creativity, and life skills. The visits to government offices such as the police station and Tehsil office were especially informative and gave us practical knowledge about public services and administration. For many of us, it was a unique learning experience beyond the classroom.

I extend my heartfelt thanks to Sr. Clara, Director; Mr. Peter, Assistant Director; Mr. Dilip, Programme Manager; Mr. Swaroop Ramalingam; Sr. Pramila, Social Worker; all staff members, resource persons, and the entire Jeevodaya family for their dedication, care, guidance, and support. Their efforts have made this camp meaningful, memorable, exciting and enriching for all of us. Thank you for helping us learn, grow, and discover our potential.

Shivani

Cooking Competition – A Fun Learning Experience

Cooking competitions were held on Sundays during summer camp at our CCI. It was one of the most enjoyable and learning-filled experiences for me. I actively participated in preparing Chicken Masala, Paneer Masala, Chicken Biryani,

Vegetable Biryani, Chilly Chicken, Cake, and roast vegetable pulao. Through this activity, I learned new cooking techniques, teamwork, and food presentation skills. It was exciting to work together and prepare delicious dishes. I felt

happy and proud to contribute to the cooking process and learn practical skills that will help me in the future. The children at Chirag enjoyed the dishes we made. They were delicious. The prizes were announced after the judges tasted the food and gave points. Winning the prize was not so important, but the team work and the joy of learning new skills was a thrill.

Khushi Thakur

The competition was both educational and enjoyable, making it a memorable experience for me. I look forward to participating in more such activities.

Life Skills Session – Discovering My Potential

The Life Skills Session conducted by the department was an enriching experience for me. The activities were full of interactive games, fun exercises, and group participation, which made learning enjoyable and engaging. Through these activities, I came to know about my strengths and skills through the feedback and observations of others.

The session helped me better understand myself and boosted my confidence. It encouraged me to explore my abilities and work on improving them through various educational, creative, and recreational activities. I am now motivated to continue developing my skills and becoming a more confident and capable individual.

Jiya

SWOT Analysis Session at CCI

A SWOT Analysis session was conducted at CCI by Sr. Clara and Sir Peter through a structured questionnaire. The activity gave me an opportunity to express my thoughts, feelings, and experiences about both my life at CCI and my individual growth. It was more of analysing the life in CCI with its various aspects.

Through the questionnaire, I reflected on the strengths and challenges of CCI as well as my own personal strengths, weaknesses, opportunities, and goals. I was able to share my likes, dislikes, achievements, concerns, and suggestions openly. The session encouraged me to think about how I can improve myself while also contributing positively to the CCI community.

Overall, the activity was insightful and empowering. It helped me gain a better understanding of myself and my environment, while motivating me to continue learning, growing, and working towards my future aspirations.

Kavita

Self-Awareness & Self-Development Program

A self-awareness and self-development program was conducted by Peter Sir and Dilip Sir (Program Manager) in a creative and interactive manner. The session was designed to help participants understand their behavior, emotions, and personal strengths through engaging in games and reflective activities.

The program focused on improving self-awareness, discipline, communication, and positive thinking among participants. Various group activities were conducted to encourage participation, teamwork, and learning in a fun-filled environment.

During the session, students were guided to reflect on their actions and understand the importance of self-control, respect for others, and responsibility. Some students were observed to be emotionally sensitive and were supported in managing their feelings better. A few students were encouraged to improve their focus, take initiative, and follow instructions properly.

Overall, the program was very effective in promoting personal growth and behavioral improvement. It helped students gain confidence and understand the importance of self-development in daily life. Continued such sessions will further support their emotional and social development.

Chirag children

A Heartfelt Reunion with My Family After 10 Years.

I sincerely thank everyone for giving me the opportunity to visit my home and meet my family after 10 long years. I was very happy and delighted to spend time with my family members, especially my mother. It was a truly wonderful and emotional experience for me. The whole family, my brothers, uncles and all relatives came together and I met them for the first time.

I would like to express my heartfelt gratitude to Sister Clara for making this visit possible through her efforts, coordination, and support. I am also very thankful to Sister Pramila for accompanying me during the visit and for her care and support throughout the journey.

Meeting my loved ones after such a long time was a memorable and precious moment that I will always cherish. It was a wonderful and amazing day for me. Thank you all for this beautiful opportunity and for making this special reunion a reality.

Anita

Testimonial: A Heartfelt Thank You to Jeevodaya Society!

"I want to say a big thank you to Jeevodaya Society, Itarsi, for giving us this beautiful 15-day Summer Camp where we could learn, grow, and find our hidden talents. I learned so many good things here, and the classes taught me the importance of good values, discipline, and self-confidence while giving me a wonderful stage to show my art and talent. After a very long time, I enjoyed myself so much, made new friends, learned new things, and really started to believe in myself. Thank you again to Jeevodaya Society and all the organizers for making this Summer Camp so special, memorable, and inspiring for us!"

— Kanak Gehlot, Abdul Hamid Nagar

My Summer Camp Experience

First of all, I want to say a big thank you from my heart to Jeevodaya Society, Itarsi, for inviting us to this wonderful 15-day summer camp. We had so much fun and learned many new things together. By playing games, doing group activities, and taking part in competitions, we made new friends and learned how to help each other and work as a team. I am very happy that the Jeevodaya society does such beautiful programs for children's learning and growth without charging any fees. This shows how much they love and care for the community. In this camp, we didn't just learn skills, but we also enjoyed every day and made beautiful memories. Once again, a huge thank you to Jeevodaya Society, all our teachers, resource persons, and organizers for making this summer camp so special and unforgettable for us. Thank you!

- Ishita Ahirwar.

Upcoming Events and Trainings – JUNE-2026



JEEVODAYA'S COMMITMENT

We continuously strive to maintain a safe, accountable, and child-friendly environment.

Expression of Gratitude

We the Jeevodaya family express our heartfelt gratitude to:

Our donors and well-wishers
District Child Protection Department
Local schools and healthcare partners
Our dedicated staff and volunteers

Your collaboration makes our work possible.... Thank You

Kinship Care: An Appeal

In our work area, there are a number children who are in need of support for their education and health & Nutrition care; if you wish to participate in making the life of a child brighter by supporting with Rs. 10,000/annum under **Kinship Care**, please contact us. We highly value your contribution.

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